

2023-2024 Resource Guide



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2023-24 Society for disABILITIES

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Loan Closet Technician

209.524.3536 | www.societyfordisabilities.org

Elvia Chavarria

Office Assistant

Letter From Our President

For the past several years, I have had the distinct pleasure of being the President of the Board of Directors at Society for disABILITIES. It has been my great honor not only to be President, but to partner with the Society as we continue to serve, support, and advocate for those with disabilities in our community.

We are excited at the opportunities that lie ahead. We are looking forward to improving our organization in every way. We are always in search of new ways to support the Society's needs; allowing us to grow, serve more families, increase our programs, add additional programs, and expand our Loan Closet equipment inventory. We are confident that these next few year wills be one of growth for Society that will better prepare us for the future.



We are extremely thankful and appreciative for the thousands of participants, volunteers, donors, sponsors, family members, and friends that have supported us, played alongside us, cheered for us, and have donated to Society. You are truly our partners on this incredible journey.

I invite you to think about additional ways you can partner with Society in the transformation of lives for those with disabilities and for their families in your community. Are you interested in coaching a sports team with us? Are you looking for a place to share your time, talents, and treasures? We would love to have you join us.

I am proud of the staff at Society for their extremely hard work, commitment to our goals, and for continuously going above and beyond for others. They are truly appreciated! I thank our Board of Directors for their vision, dedication, commitment, and support as they focus on the future of Society. Great things are on the horizon and together, with your support, we can enhance more lives through Society.

On behalf of the Board of Directors and the staff at Society for disABILITIES, I want to thank you all for your financial and personal investment making these past years so incredibly successful.

Warm Regards, Richard D. O'Brien Board President

"If you can't do great things, do small things in a great way."

- Napoleon Hill



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TAKE ADVANTAGE OF OUR PROGRAMS







Rebates

Assistance Programs

Conservation



Modesto Irrigation District has various programs that can help you unplug to conserve energy and plug-in to sustainability.

The power is in your hands.



Letter From Our Director

Imagine that you are unable to participate in activities that others take for granted due to a disability; maybe things you've only ever dreamed of or things you used to do that are no longer attainable. Now imagine that there's an agency that can enhance your life with activities, experiences, and equipment. That agency is us! Recently named Non-Profit of the Year by the Modesto Chamber of Commerce, the Society for disABILITIES continues to serve one of the most vulnerable populations in our community. We were thrilled to receive this honor and grateful for the spotlight that it shines on our important work. Our wonderful staff works hard on behalf of those we serve and is completely deserving of this honor. Their passion for service and their love for helping others make tough and trying times easier for all of us. We are truly blessed by the dedication of this staff.



Since 1947, the Society has successfully enhanced the lives of our clients – sometimes very quietly and "under the radar." We are working hard to become a well-known resource in the community for people with disabilities by sharing our story every chance we get. Our agency provides adapted sports programs like snow skiing, water skiing, bowling, and baseball (Miracle League of Stanislaus County). We hold one-day special events like Day on the Farm, Society on Ice and the Special Needs Ball – inclusive and accessible experiences tailored to the needs of our participants. Our Medical Loan Closet holds 5,000 pieces of equipment like hospital beds, wheelchairs, hoyer lifts, and bedside commodes – which we loan out for little or no cost. Our Endless Possibilities Thrift Store is where we train clients on retail skills while creating a revenue stream to support our programs. We partner with other agencies like UCP and Aktion Club (a Kiwanis service club for adults with disabilities) to provide social events, game nights, and dances.

We thank you and our community for your continued support. It is not easy to do what we do and we cannot do it alone. We are grateful for those who stand with us as donors, volunteers, and advocates. Together we can continue to transform lives.

On behalf of the staff at Society for disABILITIES and our Board of Directors, I want to thank you all for your financial and personal investment—it is with your help that we achieve success.

In Service,
Cathy Mendoza
Executive Director

"I cannot do all the good the world needs. But the world needs all the good that I can do."

— Jana Stanfield, Songwriter

Our Mission

"Society for disABILITIES enhances the quality of life for people with disabilities within the Central Valley."

Who We Are

The Society was founded in 1947 as the "Stanislaus County Society for Crippled Children and Adults, Inc.". Through several name revisions, we have remained an independent, locally supported organization providing services and programs designed to enhance the quality of life for physically challenged individuals of all ages and all disabilities who reside in Stanislaus County. For over 75 years, our funding and support came from private sources, which have enabled us to provide a wide variety of programs and services. When you donate, you become an important part of a unique group of individuals dedicated to improving the quality of life of those with disabilities.







History

A Legacy to Remember

In 1947, the words "disabled" or "handicapped" were seldom used in reference to people and would have been considered extremely peculiar. The amputee, the stroke victim, or the polio patient were considered "crippled".

It was in this era, 74 years ago, in a small California farm town, that a group of people organized to help the "crippled". They saw people suffering with the after effects of polio and other disabling conditions, many of whom could not afford all of the medical care that might improve their condition. With humble beginnings, they set out to provide medical equipment, physical therapy, doctor consultations, and even-



tually even vocational rehabilitation. At that time there were no federal health plans and no notable government programs to meet these needs. That is why caring local citizens took action.

That small farm town was Modesto, and that little local organization was the Society for Crippled Children and Adults. In 1965, Medicare was established to provide medical care for persons with disabilities. Society responded by adapting our Loan Closet program to bridge the gaps in the Medicare system.

Society has gone through several name revisions, and aside from a brief affiliation as a local chapter of the Easter Seals Society, we have remained an independent, locally supported organization. Although, more than seventy years have passed, the mission and vision of Society for disABILITIES has not changed. We are still dedicated to enhancing the quality of life and self-sufficiency of people with disabilities within the Central Valley.

Today, Society operates the largest Medical Loan Closet in Stanislaus County, provides educational, and recreational programs, job training services, our long standing special needs fund, and resource and referral services to the more than 50,000 residents of Stanislaus County living with disabilities.



Loan Closet

Society for disABILITIES maintains a Durable Medical Equipment Loan Closet to assist individuals in obtaining equipment for their temporary or permanent disability needs. This is a great resource while waiting for approval from the insurance or filling a need after not being approved.

In order to obtain equipment, a deposit or doctor's note may be required. All equipment is subject to availability; some items may have a wait list. We depend on the generosity of the community's donated equipment in order to fulfill these needs. Here are some of the durable medical equipment that may be available for loan:

- Wheelchairs
- Bariatric Wheelchairs
- Walkers
- Grab Bars
- Hemi-walkers

- 3-in-1 Commodes
- Hospital Beds
- Shower Chairs
- Bath Transfer Benches
- Slide Boards

- Standing Poles
- Diapers
- Toilet Seat Risers
- Trapezes
- Hoyer Lifts

All durable medical equipment in the Loan Closet has been donated and undergoes a thorough inspection, cleaning, and repair to ensure it is in good working order before being loaned out to clients. We are assisted by the outstanding work of volunteers who come in regularly to help inspect, repair, and clean donated equipment.

To check availability of an item or to donate durable medical equipment, please call our office at (209) 524-3536. All donations are 100% tax deductible and greatly appreciated.









Endless POSSIBILITIES Thrift Store

Turn Your Unwanted Goods Into Opportunities!

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Now Accepting:

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- Electronics
- Home Décor
- Bicycles
- Clothing
- Toys Shoes

See Page 17 for more details

100% of the proceeds stay in our community and help support programs and services for people with disabilities.

- ALL DONATIONS ARE TAX DEDUCTIBLE -



JON BRUNO, M.S., B.C.B.A. Clinical Director

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CATHY MENDOZA

EXECUTIVE DIRECTOR

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YOUR COMPLETE SOURCE SINCE 1969

United Cerebral Palsy of Stanislaus County is an indispensable resource for individuals with Cerebral Palsy and other disabilities, their families, and their communities.

UCP offers employment services and day program services throughout Stanislaus County.



www.ucpstan.org info@ucpstan.org

Phone 209-577-2122 Fax 209577-2392

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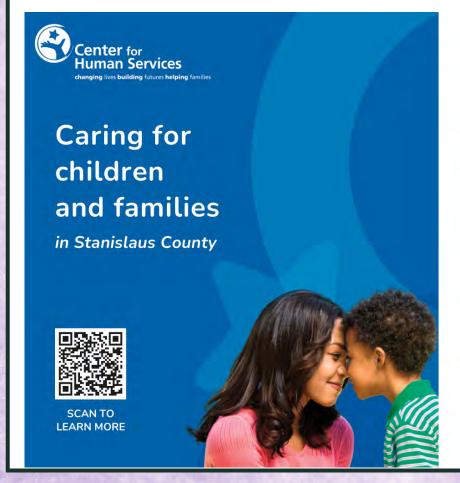
ReEmployAbility

We are fortunate to have a long term and beneficial partnership with ReEmployAbility through their Transition2Work program. They've created innovative solutions to accommodate injured workers by placing them in light duty positions with local non-profits as an extension of their modified return-to-work program. We receive workers on a regular basis that help us in our thrift store, warehouse, and office. This crucial partnership provides us necessary volunteer assistance that allows us to continue providing services to our community. It is also beneficial for the employee who is given meaningful light duty work so as to not further injure themselves on their road to recovery. In short, this valuable program offers workers the appropriate time to heal while it benefits the community by providing critical volunteer work for local non-profits.

We maintained this partnership since May 2014 and it has proven invaluable to our continuing operations. During that time, we've hosted **100 individuals** in 112 assignments resulting in an estimated **15,549 hours** of contribution solely through ReEmployAbility.

We hope to keep this partnership in place for many years to come. It is our pleasure to assist those recovering from an injury in their journey to get back to work.





Get Help, Give & Get Involved!

Center for Human Services (CHS) serves children, individuals and families in Stanislaus County, with locations in Modesto, Ceres, Oakdale, Patterson and Newman

Visit our Main Office:

2000 W. Briggsmore Ave.Modesto, CA 95350(209) 526-1476

centerforhumanservices.org/connect

Thrift Store



The Society for disABILITIES Thrift Store is much more than quality items at unbelievable prices. Over the years, the Thrift Store has assisted many individuals with disabilities discover their skills with on-the-job training. Through a strong partnership with ReEmployability, Stanislaus County Workforce Development, and UCP of Stanislaus County we are able to staff our store while providing job training and skills development that will build a foundation in the transition to the job market. Our store is a great asset to our community, offering volunteer opportunities for students, and community service programs.

<u>Why</u> should I donate? As a privately funded 501(c)(3) nonprofit organization, we rely on the generosity of businesses and individuals for funding. Your donations are tax deductible. All proceeds from the Thrift Store are put back into the organization's many recreational programs to enhance the lives of individuals with disabilities.

What should I donate? The Thrift Store accepts all items in sellable condition.*±

Electronics, household furniture and appliances, home décor, kitchen items, housewares, toys, bicycles, clothing, and so much more.

Follow us on Facebook to stay updated on sales and special deals! Shop often!

*All donations are subject to approval

± By law the Thrift Store <u>cannot</u> accept mattresses, box springs, used bedding/pillows or baby safety equipment

Pick Ups and Deliveries



We offer pick ups of large and high quantity items you wish to donate to our Thrift Store. Don't wait, call us to schedule your donation pick up today. We also offer deliveries and pick ups of our loaned medical equipment items for a fee of \$80 each way.*

*All pick ups and deliveries are subject to availability. Call our office at (209) 524-3536 to schedule an appointment.

Sponsored By:



Volunteer of the Year







Congratulations! 2023 Volunteer of the Year, Michael Scott

Michael, known to us as "Mr. Jenna's Dad", was announced as the **2023 Volunteer of the Year** at a Modesto Nuts game during the MVP Moment of the Game. Mike has volunteered countless hours over the past 10+ years to Society, and has also volunteered on behalf of Society at other community events as well. He started volunteering because of his daughter, but continues to do so "because he wants to keep programs like these going for future participants". Way to go Mike!

Mike, your generous commitment to our organization doesn't go unnoticed. We greatly appreciate you and all that you do, THANK YOU for helping make us who we are today.

Denise D. Goodell

Vice President Retail Branch Manager

NMLS ID: 807025 Notary Public

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Volunteer Opportunities

Aktion and Buddy Club

Aktion Club is hosted in conjunction with Buddy Club and is the only service club for adults with disabilities where they can help better their community. Join us to help foster a fun atmosphere for young adult socialization and friendship. Hosted monthly on a Friday evening.

Bike Camp

Assist individuals with disabilities in learning to ride a bicycle. Hosted annually in the summer.

Community Brunch

For this community event, help us as we set up, decorate, and prepare food items for the day. Volunteers are needed to serve, clean tables, be runners for supplies and more. Hosted biennially in the Fall at the Centre Plaza.

Day on the Farm

Be a buddy, help with a craft, or use your horseback riding skills to give someone an experience of a lifetime. Hosted annually in June by Jim Sanchez at Sanchez Farms in Oakdale.

Miracle League Baseball

Buddies are paired with players to share the love of the game and help them navigate the bases. Games take place in the spring and fall at Miracle League Field in Modesto.

Special Needs Prom

We are hopeful that we will be able to host our Special Needs Ball in the fall.

Warren Miller Fundraiser

Take part in this movie event to help us raise funds for our Winter Ski program. Volunteers are needed to sell raffle tickets, greet attendees, hand out programs, and assist with on stage raffles. Hosted at the State Theatre annually in December.

Water Ski Unlimited

Assist individuals with disabilities in learning to water ski using adaptive equipment. Swimming skills recommended, but not required. Hosted during the summer at Modesto Reservoir.

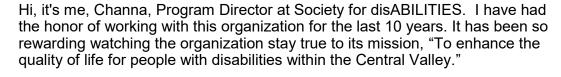
Wild West Gala

Put on your finest jeans and jewels for our annual Gala fundraiser. Help us get ready for the night by setting up, serving and cleaning tables, selling raffle tickets, or assist with our live auction. Hosted annually in a Barn in the Fall.

Winter Ski Unlimited

Assist individuals with disabilities as they learn to snow ski using adaptive equipment. We ask for intermediate and advanced skiers to help on the slopes. Hosted annually at Dodge Ridge from January-March.

Program Director



Over the years I have seen our mission transpire in many different ways. Like loaning someone a wheelchair that they really needed because it's their "legs" and their insurance was taking too long to approve a new one. Or like giving an individual with a disability the ability be able to experience a recreational activity they might not have had the opportunity to join in under other circumstances. I've seen people learn to ride bikes when they never thought they could. I have seen a mom cry tears of happiness because her son in a wheelchair played his favorite sport (baseball) when they didn't think it would be possible, or an individual gets the chance to be fearless at our Adaptive Water Ski program when they are usually bound to a wheelchair with little to no mobility, and so much more. I'm thankful to have seen miracles happen.

I invite you to join us at one of our future programs. If you give some of your time as a volunteer, I promise you will be wonderstruck; it's a feeling I know all too well. The smiles and laughter will keep you coming back for more! I have experienced the best days with you: the volunteers, and the program participants.

Thankfully we are back together with plans to get a few new programs going and reimagine the idea of a Society for disABILITIES Prom. If there's one thing I have learned from my time employed here is that our program participants love to dance! So I can't wait to see you all shake it off on the dance floor again! Lastly, thank you to the donors and volunteers who selflessly give to our organization year after year; we couldn't do it without you!

Living for the hope of it all, Channa Kang Program Director

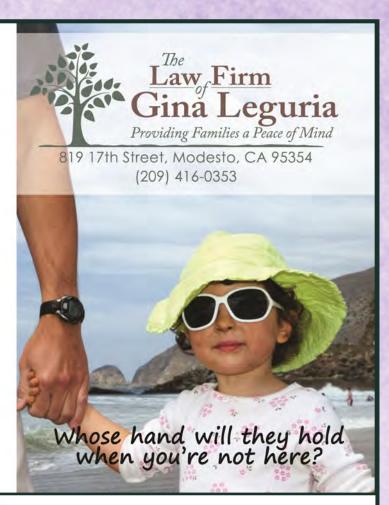


Helping Families Today for a Secure Tomorrow

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Stockton office: 10100 Trinity Pkwy, Suite 440, CA 95219



Adapted Bowling



Society is proud to partner with McHenry Bowl to offer adapted bowling!

Our adapted bowling program allows individuals with disabilities to participate in the recreational sport of bowling. There is adapted equipment that can be utilized to assist with different elements of bowling.

Bowling is held the FIRST and THIRD Thursday of each month. Check-in is from 3:30-4:00PM and bowling starts promptly at 4:00PM and runs until 5:00PM and the cost is \$5 per bowler.

Reservations are required for each bowling session. If you need to cancel for any reason, please let us know as soon as possible.

Winter Skiing Unlimited

Winter Skiing Unlimited is a snow ski program for individuals with disabilities. This program provides access to the sport of snow skiing for many differently abled individuals who would otherwise not be given the opportunity to share in this exhilarating activity. With the help of trained volunteers and specialized adapted equipment, there are few disabilities too severe to prevent participation in snow skiing. Skiers have the option to sit in a sit ski specially designed to be controlled by a "driver" or to ski on their own with guided assistance and tethers.





Winter Ski is held annually from January through March, with six dates throughout the season. All ski sessions are on Saturdays and the cost is \$5 per ski session to reserve your spot. All ski sessions are located at Dodge Ridge Ski Resort in Pinecrest and Society does not provide transportation.

Miracle League of Stanislaus County Miracle of Stanislaus County



There is nothing more heart warming than to see children playing America's favorite pastime - baseball. For children facing physical and developmental disabilities that opportunity isn't always easy to achieve. With the support of our community and a partnership with the Miracle League of Stanislaus County, baseball's barriers have been removed so everyone can enjoy!

The Miracle League Field features a custom designed rubberized surface to allow assistive devices to move around the outfield and easily maneuver the bases after a line drive. Volunteers of all ages (13+) are partnered with Players, joining them on the field as they round the bases. This program celebrates sportsmanship, athleticism, and friendships.

For more information, or to register a player or volunteer, email us at miracleleaguemodesto@gmail.com, call (209) 900-4515 or visit our website at









Miracle League is a separate nonprofit organization, administered by Society for disABILITIES.



PROGRAMS



SOCCER

Volunteer coaches will be teaching soccer skills to enjoy this recreational program.

Cost: \$5 Dates: TBD



WINTER SKI

Held at Dodge Ridge in Pinecrest with equipment fully adaptable for all abilities.

Cost: \$5/session

Date: January - March



MIRACLE LEAGUE BASEBALL

Held at Miracle League Field. Buddies and Players are paired to ensure safety and fun!

Cost: \$40/season
Date: Spring and Fall



SIGN LANGUAGE

Learn the fundamentals of manual communication. We offer Beginning and Continuation classes.

Cost: \$75/session

Date: Spring and Fall



DAY ON THE FARM

Hosted at Sanchez Ranch in Oakdale. Participants and guests get to experience life on a working farm with fun activities!

Date: June



PRICES



WATER SKI

Held at Modesto Reservoir with many dates throughout the summer. Potluck style lunch.

Cost: \$5/session Date: June - August



MODESTO ON ICE

Hosted by Modesto On Ice on Giving Tuesday. Participants get to enjoy an evening of fun on the ice.

Date: Annually in December



BIKE CAMP

Adaptive program teaching participants to ride a bicycle using modified equipment.

Cost: Donation of \$25

Date: July



BOWLING

Join us at McHenry Bowl on the FIRST and THIRD Thursday of each month for bowling fun!

Cost: \$5



BUDDY CLUB

Join us and our friends at UCP for a social program for young adults ages 16 and up. There are games, arts & crafts, music, friends, and more!

Date: Monthly



GOLF

We are looking to partner with First Tee Central Valley to start a golf program for our participants to learn the skills necessary to enjoy the sport of golf.

Cost: \$5

Dates: TBD

disABILITY Awareness



Disabilities can affect all people regardless of race, age, gender, or social status. At any time, a person may suddenly become a part of this minority group through illness or injury. There are an estimated 2,647,319 people with disabilities in the state of California, or 6.7% of the population over the age of five. There are currently 49,560 people in Stanislaus County with some form of a disability. Within the next year, at least one out of eight Californians will experience a disability personally or through a family member.

Increasing public awareness about persons with disabilities is vital to fighting the stigma and discrimination, which often serves as a

barrier to employment. People with disabilities enjoy life, feel good about themselves, are able to meet challenges and the changes of life. Therefore, Society for disABILITIES commemorates each June as disABILITY Awareness Month, throughout Stanislaus, San Joaquin, and Merced Counties.

Adapted Bike Camp

Each year, Society hosts an adapted bike camp for individuals who want to learn how to ride a bike. The purpose of the day camp is to provide an immersive experience in bicycling while using specially designed equipment and teaching methods. The equipment consists of a progression of increasingly challenging bikes that provide extra stability, along with the same dynamic qualities of a standard two-wheeled bike.

This is offered for \$75 for new campers, and \$25 returning campers. Pre registration is required prior to attending camp.



Sign Language







Society has been fortunate enough to find a sign language instructor to help bring back our much needed sign language classes. We offer a Beginner's Class and a Continuation Class.

Beginning Sign Language (A)

This is our basic beginner's class where we'll be learning the fundamentals of manual communication. The class consists of the basics of ASL, beginning and basic sentence structure, fingerspelling, alphabet and numbers, social interactions and greetings, introductions, and cultural do's and don'ts. We will cover a variety of vocabulary words in both everyday conversations and categories.

Beginning Sign Language (B)

This is a continuation of Sign Language (A). We will be delving more into the book and increasing our vocabulary knowledge while continuing to practice sentence structure, fingerspelling and conversational skills.

**Classes are on hold until we have an instructor.

Water Skiing Unlimited

Come out and join us for a day out on the water for our Water Skiing Unlimited program! This program provides access to the sport of water skiing for many individuals with diverse abilities who would otherwise be denied the opportunity to participate in this sport. We have trained volunteers along with adaptive equipment that assists the participant in being able to enjoy water skiing. We utilize a sit ski with outriggers to prevent falling as the ski gets pulled by a modified ski boat.



Registration is required prior to attending any ski sessions. All water ski sessions are held on Saturdays with 6 dates running June through August, and the cost is only \$5 per session to reserve your spot.

Aktion and Buddy Club



Aktion Club is hosted in conjunction with Buddy Club and is the only service club for adults with disabilities, with more than 12,000 members worldwide. Aktion Clubs draws members from various organizations that support individuals with disabilities, as well as other community programs.

Aktion Club of Stanislaus County was founded in 2020 with the help and sponsorship of the Kiwanis of Greater Turlock, North Modesto Kiwanis, and UCP of Stanislaus County. Our goal is to create a fun and social environment for

individuals to come and learn about service in their communities.

Buddy Club is a monthly social event for adults with disabilities. This club celebrates friendship, socializing, and fun. Monthly get togethers include: crafts, games, dancing, and karaoke. Buddy Club was formed in partnership with UCP of Stanislaus County.

Day on the Farm



We host a "Day on the Farm" providing a fun filled day for individuals with disabilities. After enjoying all the activities on the farm, we end

the day with a BBQ lunch provided by the Oakdale Lions Club.

This is an all inclusive family event hosted annually in June by Jim Sanchez and Friends at the Sanchez Ranch in Oakdale.

There is no cost to attend this event, but pre registration is required.



Special Events

Annual Resource Guide

The Society for disABILITIES semi-annually publishes a valuable Resource Guide. This guide highlights important resources for our community. It is invaluable to the individuals and families with disabilities in our area to find tools to help them live the best possible life.

Place an ad in this guide to help fund this valuable resource and also show your support for our community. These guides are distributed throughout the community all year and give your business great exposure.

Warren Miller Film Fundraiser

The Society for disABILITIES continues an enduring tradition that has spanned over 30 years in downtown Modesto. Warren Miller films are shown at The State Theatre in December. Join us for a movie and a fun time. A free ski lift ticket is included with admission!



Annually in December

Wild West Gala: Jeans and Jewels



Society for disABILITIES' most exciting fundraiser, the Wild West Gala: Jeans and Jewels features an exciting evening of dancing to live music, raffle prizes, live auction, and a steak dinner with all the fixin's at a Barn. Labeled as the "must attend event of the season", the Gala is a fun and formal event you won't want to miss. Grab some friends and fill a table to enjoy a great evening of fun and

excitement. Throughout the evening guests can purchase tickets for raffle items, do a little gambling at the card tables, enjoy entertainment, and participate in an exciting live auction, where unique experiences and vacations of a lifetime are up for bid. Have a blast at this special event while supporting a great cause!

All proceeds for this event helps us to continue to provide much-needed services to the people in our community.

Annually in the Fall

Community Brunch

This biennial event is held at the Modesto Centre Plaza where local chefs partner with deserving local charities to support the children in our community.



The Community Brunch is an extremely successful event for Society. Not only do we earn a significant amount of money for our programs and services that we provide, but we also build sustainable relationships with local businesses. All food

and labor needed for The Brunch are donated by local businesses and community members. We are grateful to everyone who works tirelessly to make this day a success. Our volunteers and donors are dedicated to our cause and are truly amazing!

Thank you Costa Family Foundation for this wonderful event benefitting the children in our community! **Next Community Brunch - 2024!**

Abuse and Neglect
Adult Protective Serviceswww.stanworks.com/adult-services/ (209) 558-2637
Child Protective Services
Children's Crisis Center
Healthy Alternatives to Violent Environments
Counseling
Crisis Line/Rape Crisis Line(209) 557-5980 (209) 524-9942 Emergency shelter, counseling, and referrals for women in abusive relationships and their children.
Long Term Care Ombudsman(209) 529-3784
Program to enhance quality of life in long-term care facilities.
Sierra Vista Child & Family Serviceswww.sierravistacares.org (209) 523-4573
Victim Services(209) 525-5541
Adult Day Care
Bethany Adult Day Services (Ripon)www.bethanyripon.org (209) 599-1593
DayOut, ADHC-CBAS (Ripon)www.dayout-merced.com (209) 388-9175
El Rio Memory Care (Dementia) www.koelschseniorcommunities.com (209) 543-3805
United Cerebral Palsywww.ucpstan.org
Modesto - 4265 Spyres Way, #2(209) 577-2122 Turlock - 959 E Monte Vista Ave(209) 593-5812
Turiock - 959 E Monte Vista Ave(209) 595-5612
Alcohol and Drug Use
Alateen/Alanonwww.alanonsanjoaquinvalley.org I (209) 524-3907
Alcoholics Anonymous
First Step(209) 527-3270
Heroin Treatment Services/Genesis(209) 525-6146
Narcotics Anonymous
Redwood Center www.redwoodfamilycenter.org I (209) 550-7352 I Treatment :(209) 521-1805
Stanislaus Recovery Center(209) 541-2121
Behavioral Health and Recovery Services
Emergency Mental Health Services(209) 558-4600
Empowerment Center/Turning Pointwww.tpcp.org I (209) 544-1913

Community Activities, Services, and Support for Children (Cont'd)

Family Resource Network www.frcn.org | (209) 472-3674

5250 Claremont Ave, Suite 148 | Stockton, 95207 | Offers a variety of information, and resources including information and referral, family support, outreach, advocacy, workshops, and seminars. Also home of Sibshops, a playgroup for non-disabled siblings of children with special needs.

EarlyStart www.dds.ca.gov/earlystart | (209) 529-2626

Multidisciplinary assessments from birth to 3 years. Free evaluations and no-cost services. The early start program is California's response to federal legislation ensuring that early intervention services to infants and toddlers with disabilities re provided in a coordinated, family-centered network.

Head Start www.findchildcarestanislaus.org | (209) 238-6400

Enrolled children are eligible for free or reduced priced meals sponsored by the child and adult care food program.

Jessica's House www.jessicashouse.org/communityresources | (209) 250-5395 1225 W Christoffersen Pkwy| Turlock, 95382 | Provides support in a safe place for children, teens, young adults, and their families grieving a death. Additionally, they provide grief education and serve as a resource for onsite support if a death impacts your school or organization.

Parent Resource Center www.prcfamilies.org | (209) 549-8193

811 5th Street | Modesto, 95351 | A private, non-profit, child abuse prevention agency. They offer support to parents through in-home volunteer monitoring and on-site parenting education classes to decrease the risk of child abuse, neglect, and family violence. Also offers GED assistance and labor and delivery classes in English and Spanish.

Sierra Vista Child & Family Services www.sierravistacares.org | (209) 523-4573 100 Poplar Ave | Modesto, 95354 | Offers a range of services to support healthy children and their families including counseling, prenatal drug abuse support, non-public schooling, and job training.

Valley Mountain Regional Center (VMRC) www.vmrc.net | (209) 529-2626 1820 Blue Gum Ave | Modesto, 95358 | Serves children and adults with developmental disabilities in San Joaquin, Stanislaus, Amador, Calaveras, and Tuolumne counties. They offer a range of programs and ongoing support.

2-1-1 Stanislaus County, from United Way www.uwaystan.org | 211 | 1-877-211-7826 422 McHenry Ave | Modesto, 95354 | Connecting Stanislaus county residents to current health and human service information. 2-1-1 Stanislaus county also provides incident specific information in coordination with local emergency services in times of disaster, including road closures and shelter information. Dial 2-1-1 to get connected to a specialist for personalized assistance. Free, confidential, 24/7 in over 120 languages.

Behavioral Health and Recovery Services (Cont'd)			
Telecare Behavioral Health Service Team(209) 341-1824			
Turlock Regional Services(209) 664-8044			
West Modesto Regional Services(209) 558-4698			
Child Care			
CSA Child Care Desk (Welfare to Work)(209) 558-2332			
Central CA Child Development Services			
Child Care Resource and Referralwww.findchildcarestanislaus.org I (209) 238-6400			
Child Care License Complaints (844) 538-8766 I Main office: (559) 243-4588			
Modesto City Schools Child Development Programs			
Modesto Junior College Child Development Center(209) 575-6329			
Trustline			
Turlock Child Development Centerwww.cccds.com I (209) 669-6374			
Turlock Child Development Center			
Community Activities, Services, and Support for Children California Children's Services			
Community Activities, Services, and Support for Children California Children's Services			

Counseling and Mental Health
Aspira Modesto: (209) 576-1750 Turlock: (209) 669-2583
Center for Human Services www.centerforhumanservices.org (209) 526-1440
Central Valley Counseling Center (Oakdale) www.cvcconline.com (209) 845-9037
Community Emergency Response Team (CERT)(209) 558-4600
Doctor's Behavioral Health Center(209) 557-6300
El Conciliowww.elconcilio.org (209) 523-2860
Josie's Place (ages 16-25)www.josiesplace.org (209) 558-4464
Children's System of Care(209) 558-4595
Parents United(209) 524-4858
Deaf and Hard of Hearing
California Telephone Access Program
Deaf and Hard of Hearing Service Center
NorCal Center for Deafness
California Relay Services (CRS)
Sherwood Bible Church

ı	Energy and Utility
STREET, SQUARE, SQUARE	Central Valley Opportunity Center
	Modesto Irrigation District
į	AT&T Universal Lifeline
	Pacific Gas and Electric
	REACH
	Salvation Army
ı	Finances and Insurance
	California Children's Services (SVC-CCS)
	Community Services Agency (209) 558-2500 251 E Hackett Road Modesto, 95358 Medi-Cal: 1-877-652-0734 Health Care Options (209) 558-2088

CSA Outstation Locations:

830 Scenic Drive, Modesto

1310 W Main Street, Turlock

1405 West F Street, Suite #1, Oakdale

2413 3rd Street, Hughson

66 N Circulo, Patterson

Covered California	1-888-975-1142
Healthy Cubs	. (209) 558-6231
HealthNet Medi-Cal	1-800-675-6110
Health Plan of San Joaquin	1-888-936-7526
Kaiser Child Health Plan	1-800-488-3590

Finances and Insurance (Cont'd)
Medically Indigent Program (MIA)(209) 558-7393
Social Security1-888-748-7698
Applications
State Disability Insurance Eng: 1-800-480-3287 Span: 1-866-658-8846
Food Emergency
United Samaritans Foundation
Modesto Love Center
Inter-Faith Ministries
Modesto Gospel Mission
Salvation Army
Food and Nutrition
CalFresh Program
Commodity Supplement Food Program (CSFP) (209) 538-9700
Farmers Market Program for WIC Families www.cdph.ca.gov/programs (209) 558-7377 251 E Hackett Road Modesto, 95358 Provides WIC participants with vouchers to purchase fresh fruits and vegetables at certified farmers markets during summer time only.
FRAMAX Child and Adult Care Food Program
The House
Inter-Faith Ministries

Food and Nutrition (Cont'd)	
Modesto Central Church	(209) 521-6460
Modesto City Schools/Nutrition Health Services Offers free or reduced price school meals during breakfast and lunch. Snacks ar some After School Programs. Eligibility depends on your income and family size cation at your child's school.	re also offered at
Modesto Love Center Ministries/Commodity Supplement Food Program 617 Winmoore Way, Suite F Modesto, 95358 Provides one free food box to in years or older, children under 5, and post-partum women not enrolled in WOC odays.	ndividuals 60
Modesto Gospel Missionwww.modestogospelmission.org	g (209) 529-8259
Ninevah Outreach(209)	529-7346 ext. 214
Oakdale Christian Food Sharing	(209) 847-3401
Riverbank Christian Food Sharing	(209) 869-3710
Salvation Army	based on need 1. Open to all, no
Senior Farmer's Market Program	who are 60 or old-
Senior Lunch Program	ate meals provid-
Ceres: St. Jude Parish	(209) 537-0516
Modesto: Our Lady of Fatima	
Modesto: St. Stanislaus	•
Turlock: Sacred Heart Church	, ,
United Samaritan Foundation (Hughson)	
United Samaritan Foundation (Turlock)	(∠U9) bb8-4853

Food and Nutrition (Cont'd) United Way Women, Infants, and Children (WIC)www.schsa.org/publichealth | (209) 558-7377 251 E Hackett Road | Modesto, 95358 | A nutrition education and supplemental food program that helps pregnant or breast feeding women, infants, and children less than 5 years to eat well and stay healthy. Housing **Project Sentinel**......www.housing.org | (209) 236-1577 1231 8th Street, Suite 425 | Modesto, 95354 | Housing solutions, landlord and tenant disputes. Provides education and counseling to community members, housing providers, and tenants about fair housing laws. We also investigate complaints and advocate for those who have experienced housing discrimination. **Stanislaus County Housing Authority** (209) 557-2000 1701 Robertson Rd | Modesto, 95351 | Offers grants and loans for repairs, modifications, and disability accessibility to the home or mobile home. Programs are available in the following areas: the communities of Denair, Empire, Keyes, some parts of Salida, and the county pocket areas of the Airport Neighborhood and West Modesto. Willow Pointe Apartments......(209) 863-9303 6050 Venhaus Way | Riverbank, 95367 | Rent is based on income and housing aid is available for those who are over 62 or disabled. Independence Advancing Vibrant Communities......www.vibrantcommunities.org | (209) 544-9571 605 15th Street, Suite B | Modesto, 95354 | Faith-based nonprofit organization that brings together volunteers from various churches throughout the county to help serve the needy in the community. Often assists with minor home repairs and yard work for those who have no other resources. 2291 W March Ln, Suite E102 | Stockton, 95207 | Customized support to persons with developmental delay and behavioral challenges. Community Housing -Shelter Services(209) 527-0444 Offers shelter to homeless families with children under 18. Disability Resource Agency for Independent Living (DRAIL) www.drail.org | (209) 521-7260

1101 Sylvan Ave, Suite C105 | Modesto, 95354 | Enables you to live independently and will do that by supporting you with technology, helping you get connected to resources and services that clear

the path towards optimizing your quality of life.

Independence (Cont'd)
Health Insurance Counseling & Advocacy Program (HICAP)(209) 558-4540 121 Downey Ave, Suite 101 Modesto, 95354 www.cahealthadvocates.org
Helping Adults With Kindness (HAWKS)
Home Safety Services www.homesafety.net (209) 438-7233 Provides senior fall prevention in-home modifications.
In Home Supportive Services (IHSS)(209) 558-2637
Optimal Hospice Care (209) 338-3000
1101 Sylvan Ave, Suite B10 Modesto, 95350 In home care for those with a life threatening illness.
Self-Help Enterprises Housing Program
United Cerebral Palsy
Visiting Nurse Association(209) 571-1055 1316 Celeste Dr, #140 Modesto, 95355 In home care and skilled nursing services.
Job Training for People with disABILITIES
Cole Vocational Services
Howard Training Center
Valley CAPS
Transitions
United Cerebral Palsy

Job Training for People with disABILITIES (Cont'd)

Medication Disposal

Drop	the	Drugs
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Free Disposal Box located inside the	lobby, 8:00AM - 5:00PM
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Hughson 7018 Pine Street	(209) 883-4052
Modesto 250 Hackett Rd	
Modesto 600 10th Street	
Patterson 33S Del Puerto Ave	
Riverbank 6727 Third Street	•

Unsecured prescription medications left in your home could be susceptible to diversion, misuse, and abuse. Dispose of pills, liquids, and over-the-counter medicine for confidential incineration.

NO syringes or needles.

Medical Supply and Loan Closet

Society for disABILITIES	www.societyfordisabilities.org (209) 524-3536
1129 8th Street, Suite 101 Modesto, 95354 Ma	intains a donation-based loan closet of durable
medical equipment to assist individuals experiencing a temporary or permanent disability.	

Alzheimer's Aid Society of Northern California(209) 538-0538

Disability Resource Agency for Independent Living (DRAIL)www.drail.org | (209) 521-7260 1101 Sylvan Ave, Suite C105 | Modesto, 95350 | Services to empower and improve the quality of life for the disabled.

Modesto Medical Marketwww.gomedicalmarket.com | (209) 409-8427 3848 McHenry Ave, #125 | Modesto, 95356 | Medical supplies and equipment store.

Medical Supply and Loan Closet (Cont'd)

Modesto Mobility Center...... www.modestomobilitycenter.com | (209) 577-1069 1223 N Emerald Ave | Modesto, 95351 | Rent, install, sell, and service everything you need to live independently, in your home or whether you need an accessible vehicle, a wheelchair, or scooter for personal mobility or a ramp of lift for your home.

Services for Seniors

Modesto Senior Centerwww.modestogov.com/prnd.recreation/scc/asp | (209) 341-2974 211 Bodem Street | Modesto, 95350

Healthy Aging Association "Young at Heart"......(209) 525-4670 www.healthyagingassociation.org | 3500 Coffee Rd, Suite 19 | Modesto, 95355 | Provides young at heart senior fitness programs at no charge to those over 50 in Stanislaus County.

Homemaker Program (Catholic Charities)www.ccstockton.org | (209) 529-3784 1506 H Street | Modesto, 95354 | Provides bi-weekly free service visits for those 60 and over.

 Senior Citizen Center - Ceres
 (209) 538-5628

 Senior Citizen Center - Hughson
 (209) 883-4054

 Senior Citizen Center - Modesto
 (209) 341-2974

 Senior Citizen Center - Oakdale
 (209) 845-3566

 Senior Citizen Center - Patterson
 (209) 895-8180

 Senior Citizen Center - Turlock
 (209) 202-3872

 Senior Citizen Center Without Walls
 (877) 797-7299

 Senior Law Project
 (209) 577-3814

 821 13th Street, Suite F | Modesto, 95354 | Free legal assistance for those over 60 years of age.

	Services for Seniors (Cont'd)
	Social Security Administration
	Stanislaus County on Aging & Veterans Services www.agingservices.info (209) 558-7380
	Veterans of Foreign Affairs (V.F.W.) www.vfw.org (209) 537-3360 2801 W Hatch Rd Modesto, 95358 Free loan closet for Veterans. Stanislaus residents only, please.
	Sports and Activities Society for disABILITIES
	ence level or ability.
	Abilities First Youth Sports Camp www.abilityfirstsports.org (530) 588-0335 100 First Street Chico, 95928 Wheelchair sports camp providing instructional and recreational sports opportunities to youth with physical disabilities.
	Howard Prep
	Camp Tuolumne Trails
	Modesto Parks and Recreation
	Nurture in Nature
	5016 Main Street Coulterville, 95311 Hosts several camps per year to introduce children with disabilities to the transformative power of nature by gifting a barrier free camping experience near the Stanislaus National Forest.
1	0 1101 1 0/ 11

world all they are capable of achieving.

Sports and Activities (Cont'd)

Transportation Services

Ceres Area Transit (CAT)...... www.ci.ceres.ca.us/220/ceres-area-transit-cat | (209) 538-5792 Community Activities and Rehabilitation Transportation (CART)(209) 238-9436 www.tpcp.org/programs/cart

Modesto Dial-A-Ride www.modestoareaexpress.com/149/dial-a-ride | (209) 527-4900 1216 Doker Dr | Modesto, 95351 | Discount for seniors and disabled individuals after application approval.

Modesto Area Express (MAX)www.modestoareaexpress.com | (209) 521-1274 1001 9th Street | Modesto, 95354 | Wheelchair accessible bus service around Modesto.

Visually Impaired

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Thank you to our volunteer photographers for helping us capture so many amazing memories!

- Debra Caine (Miracle League)
- Keith Kanbara







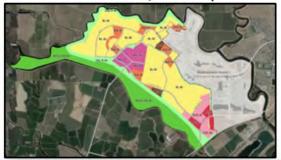
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River Islands, Lathrop



Crossroads West, Riverbank













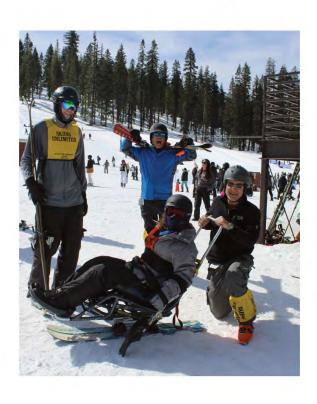
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